

FOR IMMEDIATE RELEASE

Take In the Healing Aromas at Two Bunch Palms With New Custom-Blended Aromatherapy Massages

DESERT HOT SPRINGS, CA (March 18, 2008) - Aromas do more than just smell good, they provide a pathway into the body and mind for healing on a much deeper level. With that thought in mind, **Two Bunch Palms Resort & Spa in Desert Hot Springs, CA is now offering its spa guests personalized Aromatherapy Massages, using therapeutic grade, custom-blended essential oils,** mixed on the spot for

each guest's individual needs.

"Aromas profoundly influence our state of mind, and also positively impact our body's immune system, heart rate and basal metabolism," explained Jerry Angelini, director of health and wellness at Two Bunch Palms. "When applied to the skin, aroma-based essential oils are quickly absorbed into the system to provide deep and beneficial healing, whether alleviating a physical ailment such as muscle soreness, or reducing stress and allowing for a calmer, more relaxed state of mind."

Depending on the client's specific needs, the massage therapist will create a custom blend from three to six essential oils, in a base oil of either organic sesame or sunflower. The spa client simply completes a questionnaire prior to the massage so that the therapist can determine the appropriate blend.

Examples of possible customized blends include bergamot, clary sage geranium, and rose for anxiety or mood swings; eucalyptus, juniper, lavender and rosemary for arthritis; and clary sage, geranium and lavender for PMS. A few of the other organic essential oils used in various combinations include jasmine, peppermint, vetiver, lemon, lemongrass, frankincense, and sandalwood.

To introduce its new Aromatherapy Massage, Two Bunch is offering the one-hour treatment for \$115 for the remainder of March and April. It will be priced at \$135 after April. Clients receiving the specialized massage will also be given a two-ounce bottle of their individualized formula to continue the beneficial effects when they return home.

For more information on Two Bunch Palms or to make a reservation, please call (800) 472-4334 or visit www.twobunchpalms.com.

Two Bunch Palms Resort & Spa, a 56-acre natural hot mineral springs desert oasis, features suites and villas, a California-cuisine restaurant and a world-renowned spa with more than 45 treatments. A natural lithium mineral hot spring grotto flows through the heart of the property, surrounded by beautifully landscaped gardens and preserved wilderness areas. For additional information or images, editorial media may contact Jordan Schultz at On the Horizon Communications (805) 773-1000 or jordan@thepressroom.com.

