

GOOD START MENU

LIGHT

Fresh Fruit Platter

8

Small Cup

4

Warm Local Grapefruit & Orange
w/ Spiced

Rum Ginger and Golden Sugar

5

Nature Valley Granola

Low Fat Milk

4

Oatmeal

4

INDULGENCE

Daily Breakfast Feature**

7

Ask Your Server

Smoke Salmon Platter, Toasted
Bagel,

Capers, Tomato, Red Onion &
Cream Cheese

14

Palms Breakfast Basket**

Vanilla Yogurt, Granola, Diced
Fruit, Croissant and Two Eggs
any Style & Small O.J.

12

Puff Flaky Pastry Filled w/
Lightly Scrambled Egg, Smoke
Salmon & Asparagus

9

Extras

Two Free Range Eggs

3

Breakfast Sausage Patties

4

Apple Wood Smoke Bacon

4

Sautéed Red Skin Potatoes

4

Ham

6

Individual Yogurt

3

Side of Toast

3

ALL AROUND EGGS

Oven Baked Portabella, Spinach, Poached Egg,
Yellow Pepper & Sweet Corn Coulis

9

Two Bunch Style Burrito: Peppers, Tomato, Ham, Onions
Jalapeno & Slivers of Garlic

9

Two Eggs Ham or Sausages or Bacon & Sautéed Potatoes**

8

Fresh Garden Vegetable Egg White Omelet**

8

All the eggs come with your choice of English Muffin, WW, Sour Dough or Rye Toast

**All our eggs are free range organic, you may substitute egg whites in any
egg menu item**

** Packages Options

BEVERAGES

Juice by the Glass

Orange, Tomato or Ocean Spray Cranberry

4

Coffee/Decaf (All our Coffee is Fair Trade Organic)

2.50

Espresso

3.50

Double Espresso

5

Cappuccino or Latte

5.50

Double Cappuccino or Latte

6.50

Assorted Teas

2.50

Try Our New Flowering Blossom Tea

4

Natalie's Bloody Mary

12

Orange Mimosa

12

Casino Restaurant